



**Bridging minds,
*shaping futures.***

Contact us:
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Teachers College
COLUMBIA UNIVERSITY



*"The program is expected to begin in September 2027,
following accreditation by HAHE"*

Dual Master's

**Master of Mental Health,
Schooling, and the A(I)rts**

**Master of Music &
Music Education**

Choose one or both degrees

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WELCOME

I have spent more than thirty years working with music as a language-a language children and teenagers reach for when words run out. All I do is guided by the same strong conviction: arts are not a luxury in education-they are an essential tool of care.

This dual master’s program was born from a simple, persistent question: what would happen if we finally and systematically brought together three fields that rarely meet in practice, despite research emphatically proving their collective effectiveness? By bridging mental health, the arts, and artificial intelligence, we aim to train professionals who will stand beside children who are struggling and create with them a space of psychological safety.

Our partnership with Teachers College, Columbia University, gave us the opportunity to build something that does not exist anywhere else: a unique dual master’s degree, that positions the arts as fundamental tools for well-being, and technology in service of the human relationship.

This program is not only for educators. It is designed for anyone with the courage to think differently about what care means in today’s education, and for anyone who believes we can actively build a better future anywhere in the world. If your heart resonates with this vision, join us! Pursue one or both degrees and become a part of the change!



**Lida Stamou, Professor,
Director of Dual Master's Program
"Mental health, schooling, and the A(I)rts",
University of Macedonia**

THE CHALLENGE



Children are struggling.

Schools need professionals who can respond creatively, ethically, effectively.



BELONGING

RESILIENCE

WELL-BEING

The arts help every child feel seen, **heard**, and **part of a community**.

Relationships and **trust** build the inner resources children draw on through difficulty.

Practical, compassionate support for mental health-grounded in evidence and Ai.



2 DEGREES · 100% ENGLISH · 2 CONTINENTS

TWO DEGREES, ONE VISION

- Two **world-class** degrees.
- One **transformative** journey across two continents, **taught entirely in English**.

GET ONE OR BOTH DEGREES.

UoM

MEd · Mental Health, Schooling & the A(l)rts

🎓 90 ECTS · 3 semesters.

🕒 Participatory arts as tools for well-being.

🧠 AI for inclusion and mental health screening.

💻 Blended: on-campus + synchronous online.



Save time. Gain more.

UoM graduates →
transfer up to **30 credits** to TC.

TC graduates →
transfer up to **24 credits** to UoM.

TC Columbia Univ.

MA / EdM · Music & Music Education

🎓 MA: 32 credits · EdM: 60 credits.

🎵 World-leading music pedagogy
New York City.

✅ Transfer up to 30 credits from UoM MEd.

WHY THIS PROGRAMME

Six reasons it's UNIQUE!

Not just another Master's



1. Globally unique

A combination that exists nowhere else.



2. Arts as instruments

Creativity and expression as tools for well-being.



3. AI with a conscience

Technology used responsibly and ethically.



4. Research-driven

From theory to real-world impact.



5. International network

Peers across the globe.



6. Flexible pathways

One degree or two: Your choice.

CURRICULUM

UoM MEd

Twelve courses. Three transformative semesters.



1st SEMESTER
30 ECTS

 The Art of Growth: Creativity, Agency & Resilience in the Age of AI.



Contemporary Perspectives on Child & Adolescent Development.



Advances in Child & Adolescent Mental Health.



AI in the Relational Classroom: Pedagogy, Ethics & Human Agency.



Orchestrating Well-Being I: Expressive Pedagogies through Music.



2nd SEMESTER
30 ECTS



Orchestrating Well-Being II: Expressive Pedagogies through Dance, Drama & Visual Arts.



Participatory Performance Project.



Promoting Mental Health in Schools: Creating cultures of Trust & Belonging.



Research Methods across the Arts, Humanities, & Social Sciences: Conventional & AI-Enhanced Approaches.



The Healing Narrative in the Classroom: When stories matter.



3rd SEMESTER
30 ECTS



Practicum Experience.



Choice of 1 of the following:
1. Thesis.
2. Applied Innovation Project.

TC Columbia MA/EdM

Four pillars of musicianship. One personalised path.



Pedagogy

Research

Musicianship

Performance

How musicians teach (min. 2 courses).

How knowledge is made (qualitative methods required).

How musicians know (min. 1 course).

How musicians make (4–8 credits, ensembles & applied lessons).

Capstone (EdM) or Integrative Project (MA) + graduation portfolio and musicianship demonstration.

INSIDE A COURSE

Spotlight

“
We don't teach the arts as add-ons. We teach educators to orchestrate them — as care.
”

“Orchestrating Well-Being I”

6 ECTS · Fall · In-person and distance learning

- 🎵 Music for emotional regulation and group cohesion.
- 🎭 Play and the rehearsal of selves.
- 🧘 Movement, embodiment and the felt sense.
- 🖼️ Image-making and the language of difficult feelings.
- 👥 Designing inclusive workshops for mixed-need classrooms.
- 🗣️ Co-creation, voice and the ethics of children’s expression.



WHO SHOULD APPLY



Built for changemakers.

You don't need to be a trained artist.
You need an open mind and the courage to think differently.

Educators	Psychologists	Artists	Anyone
Teachers at all levels integrating mental health, arts and AI into their practice.	Specialists seeking arts-based and tech-enhanced approaches to child and adolescent well-being.	Artists across all mediums channelling their art toward the mental health of young people.	Anyone who has an open mind, commitment to well-being, and the courage to think differently.

TWO CITIES, ONE JOURNEY



From the land of the Greek gods...

 **Thessaloniki**

 Greece's most vibrant university city · 90,000 students · walkable, culturally alive.

 A thriving arts and music scene · a city that may change the way you think about life.



...to the city that never sleeps

 **New York**

 Morningside Heights, Manhattan · the world's first and largest graduate school of education, founded in 1887.

 A global hub for culture, collaboration and professional opportunity.